

Jack's Angels Winged Heart Project

for "Skip for Jack!" at Santa Colorita 5k Fun Run 2/14/2015

INSTRUCTIONS

Use fine, washable pen or ballpoint as lightly as possible, not indelible marker, to trace your pattern and markings!
Fabric is in the same shape and format to accommodate your patterns. Mind the 'right' and 'wrong' side of fabric.

Please note: in the directions that follow, white is the 'wrong' side, shaded is the 'right' side.

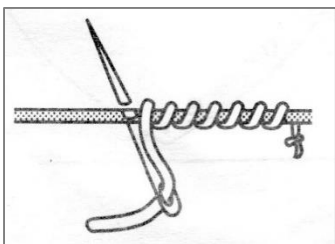
GENERAL:

1. Be aware that the pattern side of the fabric is the "wrong" side, shown as white in the pictures, and should be marked accordingly; the "right" side is shown as shaded.
2. For this project we are using fleece for the heart, and wings; red and white, pink and cream, blue and yellow.
3. As you sew, *the right sides should be together unless the directions indicate otherwise*. Stitches should go through the backing. The project may be sewn by hand or machine, using ¼ inch seams for machine and 1/8 inch seams by hand.
4. Needle size for fleece with machine requires 14 or 16 size needle, and stitch lengths of 10-12 stitches per inch.
5. Please pin all seams before sewing! Remove pins as you come to them, if sewing by machine, or be careful not to hit them.
6. If directed to stitch to a letter, go all the way to the edge next to it. If to a dot, go exactly to the dot.

HAND STITCHING:

An OVERCAST stitch is suggested as follows: Put the needle in from the bottom about 1/8" from the edge and 1/8 " from the end.

Push through to the top. Bring the needle back to the underside 1/8" ahead of the previous stitch, and push back up to the top. Continue to advance 1/8" with each stitch, pulling the thread tight after each stitch. Be sure each stitch goes through the backing on both pieces of fabric.



WASHING:

Machine wash warm, gentle cycle; tumble dry low. Do not wring.

DETAILS:

Please read each direction carefully before sewing. Check each box before moving on to the next step. *Available by request in kits

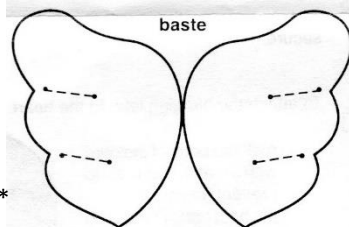
- 1. Make sure you have all your materials:
sewing needles, pins, cushion, thimble(hand sewing)
plush material for heart, wings*
acrylic stuffing*
thread same color as heart and wings
ribbon, 10" long ½" wide*
black felt square*
fabric glue
volunteer tag(s)*
Tailor pen or washable marker, ballpoint to gently mark fabric

- 2. Cut out the fur pieces along the lines of the pattern making sure the "wrong" side is up underneath the pattern.

WINGS:

- 3. Using white, cream, or yellow thread

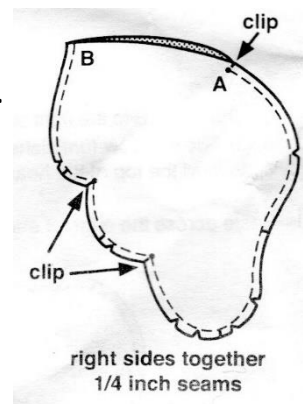
- Baste along the dotted lines on wing pattern, between the two sets of dots on the TWO FRONT WINGS. This transfers the marks to the 'right side' of the fabric for later.**



- 4. Pin each FRONT WING to BACK WING from dot A to dot B with right sides together, matching dots and lines.

- Stitch from dot A all the way around to B, pivoting at the dots. **Leave open short edge between A&B.**

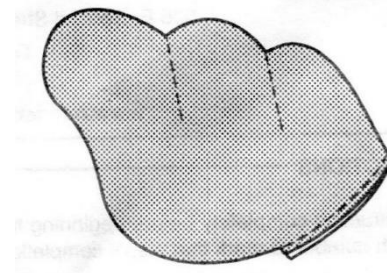
- (for machine) To pivot:
-stop stitching with the needle at the dot.
-lift the presser foot
-turn the fabric to align the next edge
-lower the presser foot
-continue stitching



- Cut notches along the outer curves
- Clip almost to the dots, avoiding stitches
- Clip almost to the dots at A on each WING

- 5. Turn the WINGS right-side out.

- **To define wings, stitch through both layers along the basting stitches.



- Stuff the WINGS lightly and evenly, using a dowel or the dull end of a pencil to push stuffing between the stitched lines.

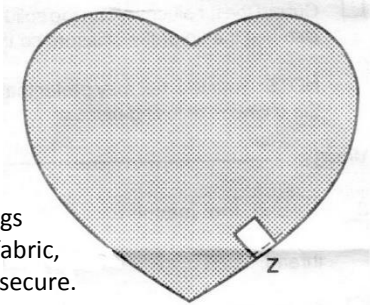
- Stitch across the open edges of the WINGS. Be sure that both layers of the wing are caught securely in the stitching.

HEART:

6. Thread the machine with heart colored thread (red, pink, or blue). Machine: put only a small amount on the bobbin so there will be enough left for the top.

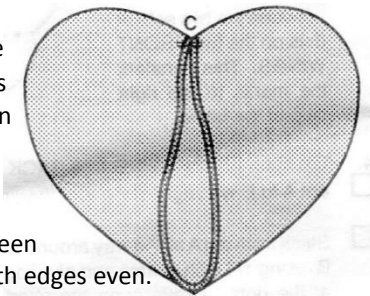
Write your name on the line on the care tag.

Pin the tag to the "right" side of the BACK at the letter Z so the edge with no markings is even with the edge of the fabric, then stitch across the end to secure.



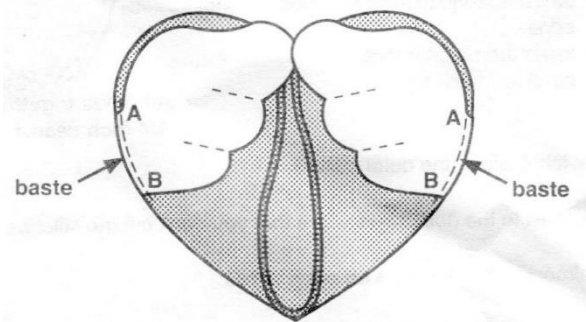
7. To attach the ribbon loop to the heart:

-Pin both ends of the ribbon to the right side of the heart at C, with the cut edges even. Stitch across the ribbon several times.

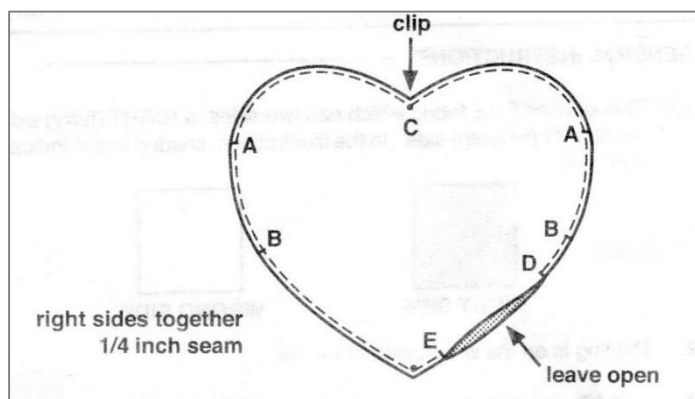


8. Pin the WINGS to the right side of the FRONT between lines A and B on each side with edges even. The WINGS should curve up toward the top of the heart.

Baste across the edge of each WING.



9. Pin the BACK to the FRONT with right sides together, matching all marks. All edges should be even:



Be sure that the WINGS are inside and away from the edges to avoid the wings while stitching.

Stitch from line E all the way around to line D, pivoting at the dots. Leave the short edge open between lines D and E for turning and stuffing.

Clip edges almost to stitching at dot C; avoid the stitches.

FINISHING:

10. Turn the heart right-side out :)

Stuff the heart through the opening. Take care to stuff evenly.

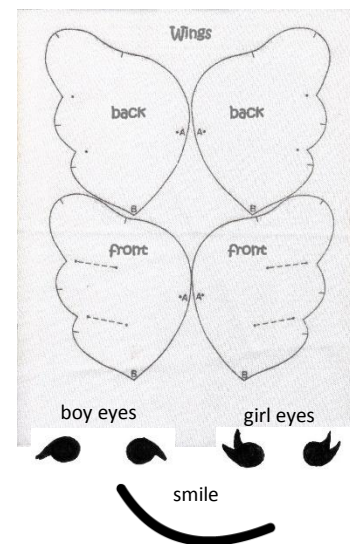
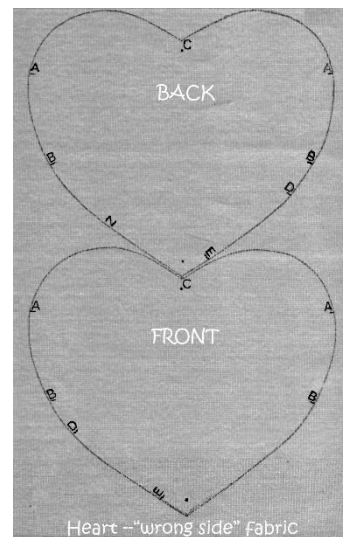
Hand-stitch the opening closed.

To finish the seams, run a pin or comb gently to free the nap.

11. Cut out your eyes and smile from the black felt square, and glue to the front of the heart, and let dry.

Hooray! You're done!

FINISHED PRODUCT IS APPROXIMATELY 12" ACROSS WING-to-WING



Available Materials and Costs

Jack's Angels has a limited amount of the following materials available for group and single projects, **though for single projects we suggest your purchasing the craft directly from Haan Crafts, #939, at www.haancrafts.com**, which includes materials and directions; simply add the eyes and smile, and volunteer tag from us.

*Available materials:

1. red heart, white wings
2. beetroot heart, cream wings, and
3. blue heart with yellow wings (Jack's Angels colors)

Volunteer tags, ribbon, and felt, and stuffing are provided in kits. Crafter needs to supply thread and fabric glue. The list of needed materials is on the front page.

To do a group project for your group, the estimated cost of making 10 hearts is approximately \$20, not including your sewing tools such as needles, cushion, scissors, fabric glue, etc. Bulk amounts of fleece for hearts and wings are available by request for group projects.

For more information, contact us at 661-977-3125, or email jacksangels1@gmail.com. This is an exclusive demonstration copy and cannot be reproduced under any circumstances. If you need another demonstration copy contact us!



We hope that you enjoy the project and come out to the "Skip for Jack!" and the Santa Colorita 5K Fun-Run on February 14, 2015! Each volunteer will have the opportunity to sign the label on their winged-heart craft. We appreciate very much the participation of the greater Santa Clarita and Acton-Agua Dulce communities.

Jack's Angels
Awareness and Research for
D. I. P. G.